



NORTHAMPTONSHIRE ATHLETIC ASSOCIATION

## CHAIRMAN'S CUP 2023

for Northamptonshire AA Club Athletes

a) Under 11 8 or older on 01.07.23 under 11 on 31.08.23

b) Under 13 11 or 12 on 31.08.23

### Saturday 1st July 2023

Moulton College Athletic Track, NN3 7QL, Northamptonshire

TRACK			FIELD		
11.00	800m	under 11 Girls	10.30	High Jump	under 13 Girls
11.10	800m	under 11 Boys	10.30	Long Jump	under 13 Boys
11.20	800m	under 13 Girls	11.30	Long Jump	under 11 Boys
11.30	800m	under 13 Boys	11.30	High Jump	under 11 Girls
12.00	200m	under 13 Girls	12.15	Long Jump	under 13 Girls
12.05	200m	under 11 Boys	12.20	Vortex javelin	under 11 Boys
12.10	200m	under 13 Boys	12.30	High Jump	under 13 Boys
12.15	200m	under 11 Girls	12.50	Vortex javelin	under 11 Girls
13.00	100m	under 13 Girls	13.20	Javelin	under 13 Girls
13.05	100m	under 11 Boys	13.20	High Jump	under 11 Boys
13.15	100m	under 13 Boys	13.30	Long Jump	under 11 Girls
13.20	100m	under 11 Girls	13:50	Javelin	under 13 Boys
14.00	4 x 100m Relays	under 13 Girls			
14.05	4 x 100m Relays	under 11 Boys			
14.10	4 x 100m Relays	under 11 Girls			
14.15	4 x 100m Relays	under 13 Boys			
14.30	NAA County Mile	under 13*, 15,17, 20, Senior & Masters male & female			

\* under 13 athletes that run in the 800m will not be able to compete in the county mile.

#### CHAMPIONSHIP MEDALS AWARDED TO FIRST THREE INDIVIDUALS IN EACH CATEGORY

#### RULES OF THE CHAIRMAN'S CUP

1. This is a team competition is for Under 11 and Under 13 athletes who are paid-up members of clubs affiliated to the NAA
2. Athletes may take part in no more than three individual\* events, plus a relay
3. There is no limit to the number of athletes from a club who can take part in each event. The first two athletes from each club will score points; the remainder will be non-scorers
4. All track events will be run as time trials, if required. There will be no heats / finals
5. There will be three trials for all competitors in the Long Jump and throwing events
6. All High Jump competitions will begin with the bar at 90cm. Progression will be at 5cm intervals.
7. Scoring will be as follows: A-String: 8-6-5-4-3-2; B-String: 7-5-4-3-2-1.  
In the event of a tie for a position, the combined points for that position and the next will be shared, e.g. tie for A-String 2<sup>nd</sup> place will give 5.5 points to each club.
8. Each club will have only one scoring team in each relay (scored as A-String)
9. Each competing club should supply one timekeeper (and will be allocated 5 points), one track judge (5 points) and one field team of at least three people (5 points)
11. If, at the end of all events, the leading teams are equal on points, the Cup will be shared
12. An entry fee of £5.00 is payable per athlete with £1 of the entry fee going to Northants AA. County Mile £5.00 per entry.
13. Individual online entry at <https://uk.entry4sports.com>

(\*no more than two events on the track and no more than two field events per athlete)