# 87TH ANNUAL

# TRACK AND FIELD CHAMPIONSHIPS

## SATURDAY 14TH JUNE
## 2025

## ROCKINGHAM TRIANGLE CORBY

## OFFICERS OF THE ASSOCIATION

| | |
|---|---|
| President | Mr D Pope M.B.E. |
| Chairman | Mr B Boyd |
| Hon. Secretary | Mrs C. Pichler |
| Hon. Treasurer | Mrs C. Pichler |

Athletic Team Managers

Mr J Taplin
Mrs C Pichler
Mrs L Sharp
Mr B Boyd
Mrs E Munton
Mrs J Barber

## INTER DISTRICT COMPETITION

| | | |
|---|---|---|
| **1 & 2** | **NORTH NORTHANTS** | **(sky blue vests)** |
| **3 & 4** | **SOUTH NORTHANTS** | **(green vests)** |
| **5 & 6** | **EAST NORTHANTS** | **(black vests)** |
| **7 & 8** | **NORTHAMPTON** | **(red vests)** |

Northamptonshire Schools Athletic Association would like to express their thanks to the following organisations that have enabled today's championships to take place.

ALL OFFICIALS and STAFF FROM CLUBS AND SCHOOLS
CORBY ATHLETIC CLUB
ST. JOHN AMBULANCE

At today's Championships four Districts will be competing for two trophies, one for each age group. The athletes, in addition to competing for their own Districts are also competing for themselves. A team of up to 32 athletes will be selected to represent Northamptonshire at the E.S.A.A. Championships, to be held in Birmingham on July 11/12th 2025. There will also be a full team selected for an Inter Counties Meeting at Stoke on June 14th 2025.

Athletes selected for the Inter Counties meeting will be notified today during the meeting and given their selection letter during the course of the meeting. The team for Birmingham will be selected after the Inter Counties fixture.

**IT MUST BE STRESSED THAT ACHIEVING THE E.S.A.A. ENTRY STANDARD DOES NOT GUARANTEE SELECTION FOR THE NATIONAL CHAMPIONSHIPS. IT IS ONLY A GUIDELINE FOR SELECTORS BUT IT DOES MEAN THAT YOU WILL BE CONSIDERED**. (*Please see Selection Policy at the back of the programme*)

FOR ATHLETES

1. Report to your team manager on the bank/in the stand. You will be provided with your numbers which must be worn for both track and field events.

2. When it is time for your event; those in track events report to the start, those in field events to the competition area.

3. Keep clear of throwing areas. NO warm up throws will be allowed without an official being present. All athletes MUST remain outside the track when not competing.

4. 6mm. spikes only are allowed, all other spike lengths are forbidden.

5. Athletes finishing in the first three will be asked to fill in a form which must be returned to the area under the stand

6. If there is a clash of events, track events take precedence, but report to your field event judge and explain where you will be.

7. If you wish for any other performance to be taken into consideration by the selectors, please submit them in writing at the same time as you return your form. There is room on the form for those details.

8. ANY ATHLETE SELECTED FOR THE NATIONAL CHAMPIONSHIPS DOES SO ON THE CONDITION THAT THEY TRAVEL WITH THE TEAM AND STAY IN THE HOTEL PROVIDED BY ENGLISH SCHOOLS

**OFFICIALS**

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|---|---|
| Announcer | Mr D. Pope M.B.E. |
| Chief Timekeeper | Mr B Boyd |
| Meeting Director | Mrs C Pichler |

Other officials from Northamptonshire Schools and Clubs.

**FIELD EVENTS**

As soon as one event has finished, the next will begin. In ALL Field Events except High Jump competitors will have four trials.

TIMINGS ARE APPROXIMATE.

| | EVENT | AGE GROUP | CHAMPIONSHIP BEST PERFORMANCE | | | |
|---|---|---|---|---|---|---|
| | **10.30 am** | | | | | |
| F1 | HAMMER | JG | 32m67 | L.PURSEY | SN | 2016 |
| F2 | HAMMER | IG | 41m20 | L. PURSEY | SN | 2017 |
| F3 | HAMMER | JB | 56m 10 | P. BINLEY | NN | 1985 |
| F4 | HAMMER | IB | 60m 94 | P. BINLEY | NN | 1987 |
| | **11.00 am** | | | | | |
| F5 | SHOT | JG | 11m 67 | T. CAPPS | NN | 1988 |
| F6 | HIGH JUMP | JG | 1m 61 | D. HANKINS | NN | 2007 |
| F7 | LONG JUMP | IG | 5m 76 | E. BROOME | SN | 2015 |
| F8 | TRIPLE JUMP | IB | 13m 96 | D. INGRAM | N | 1985 |
| F9 | DISCUS | IB | 53m 47 | S. HERRINGTON | SN | 2003 |
| F10 | JAVELIN | IG | 39m 40 | N. MACKAY | NN | 1994 |
| | **11.45 am** | | | | | |
| F11 | SHOT | IG | 12m51 | K. McLENNON | SN | 2015 |
| F12 | HIGH JUMP | IB | 2m 01 | B. REILLY | NN | 1988 |
| F13 | LONG JUMP | JB | 6m 09 | J. CONDON | SN | 2003 |
| F14 | TRIPLE JUMP | IG | 11m 12 | K.ROWE | SN | 2010 |
| F15 | JAVELIN | JB | 47m72 | B. GIDLEY | SN | 2016 |
| F16 | DISCUS | JG | 33m 83 | E. METAXAS-BELT | SN | 2005 |
| | **12.30 pm** | | | | | |
| F17 | SHOT | JB | 13m 53 | T. FLUDE | NN | 1980 |
| F18 | HIGH JUMP | IG | 1m 70 | M. DUNKLEY | EN | 1994 |
| F19 | LONG JUMP | IB | 6m 88 | K. LIDDINGTON | N | 1987 |
| F20 | TRIPLE JUMP | JB | 12m 39 | D. AUGUSTUS | N | 2017 |
| F21 | JAVELIN | IB | 60m 82 | J. MURPHY | NN | 1989 |
| F22 | DISCUS | IG | 39m 61 | R. HAY | NN | 2004 |
| | **1.15 pm** | | | | | |
| F23 | SHOT | IB | 17m 45 | S. HERRINGTON | SN | 2003 |
| F24 | HIGH JUMP | JB | 1m 76 | P. CURRIE/L HUTTON | NN/N | 1991/2007 |
| F25 | LONG JUMP | JG | 5m 59 | E. BROOME | SN | 2013 |
| F26 | JAVELIN | JG | 33m 64 | S.BISLADE | NN | 2017 |
| F27 | DISCUS | JB | 43m29 | M. STUMPENHUSEN | SN | 2023 |

**TRACK EVENTS**

| | EVENT | AGE GROUP | | CHAMPIONSHIP BEST PERFORMANCE | | |
|---|---|---|---|---|---|---|
| | **11.00 am** | | | | | |
| T 1 | 300m Hurdles | IG | 44.5 | C. BOWLING | NN | 2009 |
| T 2 | 400m Hurdles | IB | 56.6 | A. ALLEN | N | 2004 |
| T 3 | 300m | JG | 41.3 | N. IFEACHO | EN | 2022 |
| T 4 | 300m | JB | 37.8 | L. FAVIER | N | 2024 |
| T 5 | 300m | IG | 40.5 | N. IFEACHO | EN | 2024 |
| T 6 | 400m | IB | 48.8 | B.STURGESS | EN | 2008 |
| | **11.30 am** | | | | | |
| T7 | 200m | JG | 24.8 | J. DUCK | SN | 2003 |
| T8 | 200m | JB | 23.6 | S.TAYLOR/O.CROPLEY | NN | 2003/2024 |
| T9 | 200m | IG | 24.7 | J. DUCK | SN | 2004 |
| T10 | 200m | IB | 21.6 | E. NWOKEGI | SN | 2023 |
| | **11.45 am** | | | | | |
| T11 | 3000m | IB | 8.51.5 | E. HALL | N | 1987 |
| T12 | 800m | JG | 2.15.7 | C. RAVEN | SN | 1986 |
| T13 | 100m Hurdles | IB | 13.3 | T. LUHANA | EN | 2009 |
| T14 | 800m | JB | 2.05.7 | L. MAYES | NN | 2017 |
| T15 | 80m Hurdles | JB | 11.4 | O. LAMBERT | SN | 2015 |
| | **12.30 pm** | | | | | |
| T16 | 800m | IG | 2.14.3 | S. HARDY | NN | 1996 |
| T17 | 80m Hurdles | IG | 11.8 | H. DIMOND / I. BANKS | SN | 2022/2023 |
| T18 | 800m | IB | 1.58.1 | M. CLARKE | SN | 1993 |
| T19 | 75m Hurdles | JG | 11.5 | L. HATTON | SN | 2009 |
| T20 | 3000m | IG | 9.54.8 | S.EDWARDS | NN | 2005 |
| | **1.00 pm** | | | | | |
| T21 | 100m | JG | 12.4 | L. TINEY | NN | 1987 |
| T22 | 100m | JB | 11.5 | S. TAYLOR | NN | 2003 |
| T23 | 100m | IG | 12.1 | S. MORGAN | N | 2024 |
| T24 | 100m | IB | 10.5 | E. NWOKEGI | SN | 2023 |
| | **1.10 pm** | | | | | |
| T25 | 1500m | JG | 4.47.9 | C. INWOOD | N | 2008 |
| T26 | 1500m | JB | 4.19.5 | A. SEARLE | SN | 2015 |
| T27 | 1500m S/CHASE | IB | 4.33.1 | R.BURLING | SN | 2010 |
| T28 | 1500m | IG | 4.39.5 | J. OLDFIELD | NN | 1993 |
| T29 | 1500m | IB | 4.07.6 | M. COLLINS | N | 2023 |
| | **1.50 pm** | | | | | |
| T30 | 4 X 100m | Juniors | Mixed | | | |
| T31 | 4 X 100m | Inters | Mixed | | | |

**PLEASE NOTE THAT TIMINGS ARE APPROXIMATE.**

The Programme **will run continuously**, so please be prepared to run in advance of the published time should the need arise.

Points will be allocated for all ten athletes.
Individual 1st - 8pts: 8th - 1pt.

Relay 1st: 8pts. 2nd: 6pts. 3rd: 4pts. 4th: 2pts.

## Northants Schools Selection Policy for the ESAA Championships

Selection for the national championships is always a difficult decision. Under current ESAA rules Northamptonshire is only allowed a maximum team size of thirty two athletes.

Athletes will only be chosen if it is felt that they will benefit from the experience and they will not be totally outclassed and embarrassed and if their school is affiliated to Northants Schools Athletic Association.

**Athletes would normally be expected to compete in the Northants Schools and Mason Trophy events if they want to be selected for the ESAA event. Under special circumstances, such as a higher standard race or championship event that is known about in advance and approved, then the following conditions may be waived.**

**Selection will always be the result of a committee decision and not that of an individual. As such any decision by the NSAA committee will be final and correspondence will not be entered into with athletes, coaches or parents.**

Selection criteria in order of importance:

1. Athletes have achieved a National Standard performance in the Northants Schools or the Mason Trophy Meeting.

2. Athletes have achieved an English Schools Qualifying Standard in either the Northants Schools or the Mason Trophy Meeting.

3. Athletes have achieved Qualifying or National Standard performances in a recognized meeting.
   Explanation: the performances must have been achieved in a meeting such as a British Milers Club race
   or a league meeting where there are properly qualified officials and timekeepers. All schools' races, other than the Northants Schools and Mason Trophy are not acceptable for ESAA qualifying performances.

4. Consideration for selection will also be given to athletes who have come close to qualifying performances. This would be done by referring to previous English Schools' results in a particular event and in conjunction with Power of 10 rankings

5. Consideration will be given to athletes who have shown a considerable improvement over a series of races or events and are fairly close to qualifying, particularly if they are new to the sport or in the younger age groups.

6. Consideration will also be given to previously outstanding athletes who are returning from injury. Such athletes would include English Schools champions, GB junior internationals and similar proven high calibre performers.

7. Athletes not likely to be selected include those who may have qualified indoors or early in the season and who have, prior to the time of selection, shown declining performances.

8. Athletes should not be selected who have a particularly bad behaviour record. This would include those who have behaved badly on past trips, or who have had an adverse effect on the performances of other athletes by their poor discipline. This may also include athletes who have not paid their fees for previous championships.
   Each case would be considered on its merits. Advice will be sought from schools where appropriate.